

2014// Schiffbauergasse - STADT FÜR EINE NACHT, Potsdam

Take a seat.

Place your feet parallel to each other on the floor.

Relax your shoulders and lower your chin slightly down.

Close your eyes and focus on your breath.

Inhale and exhale deeply.

Try to stay wakeful and in the present moment.

You are located in an area where, among other things, ships were built as of the year 1700. Here the first german Steamship was built, alternative coffee and cardboard was produced, gas was extracted from coal, was used by the Prussian Cavalry, whose clothes were washed at the Washhouse next door, and also used to raise fish. After 1945 the Russian fighting forces used parts of the area, which until 1994 was occupied by the Secret Agency KGB.

PAUSE

Schiffbauergasse as it is called, is one of the biggest attractions in Potsdam since 1999: It has become a cultural and trading center, not only for the locals, but also for visitors from the surrounding regions.

S T O P

In front of you is an accumulation of urban housing and living forms that are created by their residents. One of these residents is Wolf Vostell, whose works are still alive in the Museum Fluxus behind us... Imagine you encounter him and you are invited to take a train loaded with lettuce. He says: „In my action, the lettuce travels on 365 days between Köln and Aachen. Two living units, lettuce and lungs, will be portrayed through environmental contamination, thus developing a meaningful context“.

S T O P

Inhale and exhale deeply again.

Imagine you are one of the lettuce - green, fresh, healthy and regional, as one might imagine a lettuce from a city of tomorrow might be - a city with green fields on the roofs, networking of the residents, emission free car sharing and multifunctional facades that clean the air.

PAUSE

Instead of taking the route from Köln to Aachen, you now take a train from the Potsdamer Station. How does your final destination look? To which city of tomorrow would you like to travel? And what exists there that still doesn't exist here?

PAUSE

Now you can open your eyes. On your right side is a window. You can open it if you wish. There is Wolf Vostell walking and preparing his next action.

2013// Museumsplein - FLAM Basis for Live Art Festival, Amsterdam

Take a seat and put your feet parallel on the floor.

Relax your shoulders and bring the chin slightly down.

Close your eyes and focus on the breath.

Inhale deeply and exhale.

Try to be present and awake.

You are located at the Museumsplein, where the eighth World Exposition took place in 1883. Thousands of workmen came from all over the country mostly by foot to become acquainted with the wonders of the unknown. At this time Vincent Van Gogh decided to become a painter.

PAUSE

Imagine you are walking in a wheat field under thunderclouds like in one of his paintings. He would say to you: always continue walking a lot and loving nature for that's the real way of understanding art...

Nature teaches us to see.

WAIT

Below your feet is an underground path between the two buildings of the Van Gogh Museum. Imagine you are walking in the direction to a painting, which is hanging at the end of the path. You can see some farmers working on a red field close to a river under a glittering sun...

Suddenly one of the farmers steps out of the painting and guides your feet away....

Where are you?

WAIT

Now you can open your eyes.

On your right side is a window. If you like, you can open it...

There are some workmen preparing the inauguration of the new king...

They continue walking a lot and loving nature for that's the real way of understanding the field...

2012// Tempelhofer Feld, Berlin

Take a seat.

Inhale deeply and exhale.

Close your eyes.

PAUSE

You are located on an airfield which was already in operation in 1993. At this time a total of 100 departures and landings with 150 passengers and 1300 kg were executed.

PAUSE

Imagine you are standing at the main entrance of the airport.

On the board is written delay.

WAIT

Prick your ears, the airplane is circling in the air and cannot land. There is a new destination.

PAUSE

You will departure.

P-s-s-s-s-s-s-s- T - T - T - T - T - T

Emptiness.

Open your eyes. On your right side is a window.

Open the window.

2012 // Spreebogenpark, Month of Performance Art Berlin, Berlin

Take a seat.

Inhale deeply and exhale.

Close your eyes.

You are located on a survey of the Spreebogenpark.

Below your feet is the Tiergarten tunnel. The connection from north to south.

Imagine you make S T O P in this tunnel. There is no perspective.

W A I T

Above you is a connection. S T O P it is closed.

Inhale deeply and exhale.

Next to you is the Spree, the longest german affluent.

Imagine you make S T O P at the Spree. There is no perspective.

W A I T

Before you is a shore. S T O P you cannot walk on it.

Inhale deeply and exhale.

On your right side is a window. The most important invention from modern architecture.

Imagine you have an outlook. S T O P you have to open the eyes and the window.

W A I T